

COMMON SHOULDER INJURIES AND PREVENTION TECHNIQUES FOR SWIMMERS



Please join us for an informational lecture on common shoulder injuries and prevention presented by Crystal Smuk, PTA and Katie Fisher, PT, DPT.

**Where: Illinois Bone and Joint, Physical Therapy in Des Plaines
900 Rand Road, Suite 110**

**When: Saturday, June 25th, 2011
at 1pm**

**** Please RSVP to Crystal at (847) 954-7639 ****



ILLINOIS BONE AND JOINT INSTITUTE